



# WOMEN'S MONTH

2024 REPORT | R7 CENTRAL VISAYAS



## INTRODUCTION

The National Women’s Month Celebration has its roots in the recognition of International Women’s Day (IWD) on March 8th, a historical event stemming from the organizing efforts of women in the early 20th Century. Between 1909 and 1911, working women in the United States, united under the National Women’s Trade Union League and other groups, protested against low wages, lack of protective legislation, and harsh working conditions.

In the Philippines, the National Women’s Month Celebration has become a platform to spotlight women’s accomplishments and address ongoing and emerging issues related to women’s empowerment and gender equality. The focus is on concrete activities aligned with national and international agreements, including the Convention on the Elimination of All Forms of Discrimination Against Women, the Beijing Platform for Action, the Philippine Plan for Gender-Responsive Development (1995-2025), the Framework Plan for Women, and the Sustainable Development Goals.

The DENR7 supports the celebration of the month long Women’s Month through the different activities dedicated not only for the women but activities which also includes all gender. The passage of the following laws serves as the legal bases for the celebration of National Women’s Month:

Proclamation No. 224 s. 1988, “Declaring the First Week of March of Every Year as Women’s Week and March 8, 1988, and Every Year Thereafter as Women’s Rights and International Peace Day.” Signed by former President Corazon C. Aquino on March 1, 1988, it affirmed our solidarity with the United Nations and recognized Filipino women’s contribution to the struggle for national independence, civil liberties, equality, and human rights.

Proclamation No, 227 s. 1988, “Providing for the observance of the Month of March as ‘Women’s Role in History Month’” Signed by President Aquino on March 17, 1988, reinforced the earlier proclamation by emphasizing the role of Filipino women in the social, cultural, economic and political development throughout our history. It provided for a month-long nationwide observance with appropriate ceremonies and activities to be spearheaded by the Commission.

R.A. 6949 s. 1990, “An Act to Declare March Eight of Every Year as a Working Special Holiday to be Known as National Women’s Day” was signed by President Aquino on April 10, 1990. The law further strengthened the impetus for the celebration by declaring every March 8 as a special working holiday and enjoining employees from the government and private sector to participate in activities conducted by their offices.

## 2023–2024 THEME



The 2024 National Women’s Month Celebration aims to capitalize on the recurring theme “WE for gender equality and inclusive society,” introduced in 2023. This theme, launched to renew commitment to the advocacy, builds upon the accomplishments under the 2016–2022 theme, “WE Make CHANGE Work for Women.” The earlier theme stressed the importance of compassionate and harmonized networks towards gender equality and women’s empowerment (GEWE).

The banner for this annual campaign is both a positive affirmation and a call to action. It is a testament to the milestones achieved in closing gender gaps in the country and in gathering more support to the advocacy. In the 2023 Global Gender Gap Index (GGGI) Report by the World Economic Forum (WEF), the Philippines maintains its status as the leading Asian country in narrowing the gender gap. The country has attained 79.1 percent gender parity, securing the 16th position out of 146 countries globally—a rise of three places from its previous ranking. In the East Asia and the Pacific region, the Philippines holds the second spot among its neighboring countries, trailing only behind New Zealand. Notably, it stands as the sole Asian nation within the top twenty, with Singapore following at the 49th position. The Global Gender Gap Index evaluates gender equality and progress across four crucial dimensions: Economic Participation and Opportunity, Educational Attainment, Political Empowerment, and Health and Survival.

The recurring theme also aligns with the Philippine Development Plan 2023–2028, which aims for “deep economic and social transformation to reinvigorate job creation and accelerate poverty reduction by steering the economy back on a high-growth path.” The plan also highlights that growth must be inclusive, building an environment that provides equal opportunities to all Filipinos and equipping them with skills to participate fully in an innovative and globally competitive economy.

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# REGIONAL OFFICE

WOMEN'S MONTH ACTIVITIES





Department of Environment and Natural Resources  
Region VII

February 2, 2023

**MEMORANDUM FOR INFORMATION**

**SUBJECT: ACTIVATION OF LAUNCH OF CLEAN WATERWORKS PROJECT TO THE DENR REGIONAL WASTEWATER TREATMENT PLANT**

It is hereby advised that the Department of Environment and Natural Resources Region VII has received the following information from the DENR Regional Office, Cebu:

Activity	Date	Remarks	Remarks
Activation of Clean Waterworks Project	March 1, 2023	Activation of Clean Waterworks Project	Activation of Clean Waterworks Project
...	...	...	...

Department of Environment and Natural Resources  
Region VII

Activity	Date	Remarks	Remarks
...	...	...	...

Department of Environment and Natural Resources  
Region VII

Activity	Date	Remarks	Remarks
...	...	...	...

Department of Environment and Natural Resources  
Region VII

Activity	Date	Remarks	Remarks
...	...	...	...

Department of Environment and Natural Resources  
Region VII

Activity	Date	Remarks	Remarks
...	...	...	...

Department of Environment and Natural Resources  
Region VII

Activity	Date	Remarks	Remarks
...	...	...	...

All DENR and PRRS are hereby informed to ensure that activities within their AMR boundaries are in compliance with DENR Region VII.

The DENR and PRRS are hereby informed to ensure that activities identified activities.

All concerned offices and divisions are directed to provide the necessary support and assistance to ensure the successful conduct of the other related activities.

All inquiries and other materials are acceptable against the regional office/office (address: DENR Cebu, office in the usual working, accounting, and handling files, and inquiries).

This Region Office/office is hereby directed to be observed.

**FAUSTO S. BELLOSO, JR.**  
Regional Executive Director

# POSTING/ HANGING OF STREAMERS OR COVER PHOTOS FOR THE WHOLE MONTH



Putting up a banner or streamer for Women's Month celebration serves several important purposes:

- 1. Visibility and Awareness:** A banner or streamer prominently displayed in public spaces draws attention to the celebration of Women's Month, increasing awareness about the importance of gender equality and women's rights. It serves as a visual reminder of the ongoing struggle for gender equity and the achievements of women throughout history.
- 2. Representation:** Seeing visual representations of Women's Month celebrations, such as banners featuring women leaders, activists, and symbols of feminism, provides representation for women and girls. It sends a powerful message that their contributions and experiences are valued and recognized.
- 3. Education and Empowerment:** Banners can include informative messages, quotes, or facts about women's history, achievements, and challenges. This educational aspect helps empower individuals with knowledge about gender equality issues and inspires action towards positive change.
- 4. Community Building:** Displaying banners or streamers fosters a sense of community and solidarity among people who support gender equality. It encourages dialogue and engagement in activities aimed at promoting women's rights and empowerment.
- 5. Inspiration and Motivation:** Seeing celebratory banners can inspire and motivate women and girls to pursue their goals, challenge stereotypes, and advocate for their rights. It can also encourage allies to actively support gender equality initiatives and amplify women's voices.

Overall, putting up a banner or streamer for Women's Month celebration is an important symbolic gesture that helps raise awareness, promote inclusivity, and inspire positive action towards achieving gender equality and women's empowerment.



## ANNOUNCEMENT OF THE CELEBRATION AND GAD ACTIVITIES FOR THE MONTH OF MARCH 2024



LPDD Chief and GAD Region Focal For. Ma. Clea Arceno discussed during the Monday program the activities for the whole month of March 2024. Chief Arceno encouraged all Regional office employees to participate in all activities.



Also, the GAD team provides foldable fans for all the attendees of the Monday program as part of its IEC advocacy.

## BENCHMARKING ACTIVITY



To improve access of women to basic information on climate change, health emergency and disaster risks and hazard and on effective preparedness and counter measure towards a more resilient community in climate change prone areas. Presentation of climate change was provided to the stakeholders of BDFE of Oboob Mangrove Garden Integrated Ecotourism Conservation and Association (OMAGEICA) and Marikaban Small Fishermen Association MASFA) Of Bantayan Wilderness Area (BIWA) participated by 14 females and 12 males BDFE beneficiaries. Outline of the presentation includes 1.)What is Climate Change, 2.) Impacts of Climate Change, 3.) Emergency situation in the Philippines and 4.) Strategies to adapt and mitigate climate change. Likewise, the benchmarking was to engage women in decision making, planning, and on addressing gender gaps on the drafting of BIWA's Ecotourism Management Plan, of which among other issues raised by the Women and Men stakeholders, is on the access and process of availing the financial assistance for their BDFE, and the necessary permit from the MARINA in the operation of their floating cottages. Hence, agreements/resolution/steps/commitments to address such concerns was made.



# BENCHMARKING ACTIVITY

Ms Aloyan and Ms Esmero discussed to POs GAD and Climate Change and conducted consultation with PO MASFA



## POSTER-MAKING CONTESTS

The Admin office through the efforts of Mr Jovy Novabos conducted a poster-making contest open for all Student Interns who are on an emersion with DENR7.



# ZUMBA EVERY FRIDAYS



# HEALTH AND WELLNESS

Early detection and disease prevention of women and mental health awareness with Dr. Tipgos



# HEALTH AND WELLNESS

Early detection and disease prevention of women and mental health awareness



## DISPLAY OF PDL PRODUCTS





## SELF PAMPERING FREE FOR ALL



# EXHIBIT



## CULMINATING ACTIVITY

Ms. Clea A. Arceño, Chairperson of the TWG of the RGFPS sharing some highlight of the RO's activities and in continuous pursuit of the realization of ENR GAD goals, GST and other activities consistent with the 2024 DENR-7 GPB will be provided to all employees/stakeholders/partners in the succeeding months.

A Question and Answer portion on the salient point of the celebration, the theme/sub theme, its laws, policy references of the celebration, and related laws such as the Magna Carta of Women, Proclamation No. 224 dated March 10, 1998, RA 9262, and on the appropriate committee that handle sexual harassment cases in the workplace were among the questions given to the RO personnel to also raise awareness that protection of all forms of violence in the workplace against men and women is embodied in the CODI.



# PENRO NEGROS ORIENTAL

WOMEN'S MONTH ACTIVITIES



Proclamation No. 227 series of 1988 provides for the observance of the month of March as Women's Role in History Month while Republic Act 6949 series of 1990 declares March 8 of every year as International Women's Day. March of every year is declared as National Women's Month. It is an annual observance to highlight the accomplishments and contribution of women to society, take notice and address ongoing and emerging issues involving women empowerment and gender equality.

PENRO Negros Oriental prepared and conducted activities for the month-long celebration:

## ACTIVITY 1 – INSTALLATION OF TARPAULIN (MARCH 1)



## ACTIVITY 2 – ANNOUNCEMENT AND TRIVIA DURING THE MONDAY PROGRAM (MARCH 4)

Almarie D. Calibo, MSD Chief/GAD Focal Person shared briefly the important role of women in nation-building, announced the activities to be conducted in observance of National Women's Month, and conducted a trivia about women and the essence of the celebration.



## ACTIVITY 2 – ANNOUNCEMENT AND TRIVIA DURING THE MONDAY PROGRAM (MARCH 4)

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## ACTIVITY 3 – OBSERVANCE OF PURPLE FRIDAYS (MARCH 8, 15, 22)

Women and men personnel wore purple/shades of violet during Fridays to signify support to women’s cause – the fight for equality and women empowerment.



## ACTIVITY 4 – INTERNATIONAL WOMEN’S DAY (MARCH 8)

Women leaders of DENR Negros Oriental, MSD Chief Almarie D. Calibo and OIC-CENR Officer Maricor A. Katada shared insights on gender equality, women empowerment and encouraged women personnel to continuously be the voice, stand amidst uncertainty and “Eat healthy, live healthy”. Women and men personnel share healthy “merienda” after the Women’s day program.



## ACTIVITY 5- BASIC SELF DEFENSE TRAINING OF DENR JUANAS MARCH 26

Women who train in self defense feel empowered. While it is a fundamental human instinct to preserve one's life and safety, self defense allows women to develop confidence. There is nothing more empowering than having the confidence to analyze and find safety during difficult situations. This, according to CENRO Maricor Katada in her opening statement, is the main objective of the activity.

Aireen V. Pinili of CENRO Dumaguete, a black belt and Hakama of Dumaguete Aikido Club, led the basic self defense training/demonstration to DENR Juanas held at the Dumaguete City Nursery and Storage Facility in Camanjac, Dumaguete City. She said the training teaches the Juanas of the physical and mental skills needed to effectively overcome dangerous situations inside and outside of homes, but most especially women forest rangers and those engaged in the enforcement sector.

The basic training focused on knowing the human body's weak points, familiarizing some basic self defense moves such as the groin kick, rotating the wrists to free the hands, dropping low when grabbed behind, and many more.

It was one engaging activity of which follow- up sessions will be made regularly. Participants: PENRO Negros Oriental and CENRO Dumaguete City personnel; Female – 32, Male – 17





## ACTIVITY 6- CULMINATION: HEALTH AND WELLNESS, GAMES, AND TRIVIA MARCH 27

Celebrating women achievements and espousing women empowerment for an empowered world, strong women for a strong world, DENR-PENRO Negros Oriental culminated Women's Month thru the conduct of Trivia, Games (Math Wizard and Message Relay), Zumba and dance workout using the "Isang Bilyong Babae ang Babangon" jingle.

In her message, Chief MSD Almarie D. Calibo encouraged women to get involved in health and wellness activities to be physically, mentally and emotionally fit, be the voice for women's rights, and pillar for gender equality.

Participants: PENRO Negros Oriental personnel; Female – 32, Male – 15



# CENRO DUMIAGUETE CITY

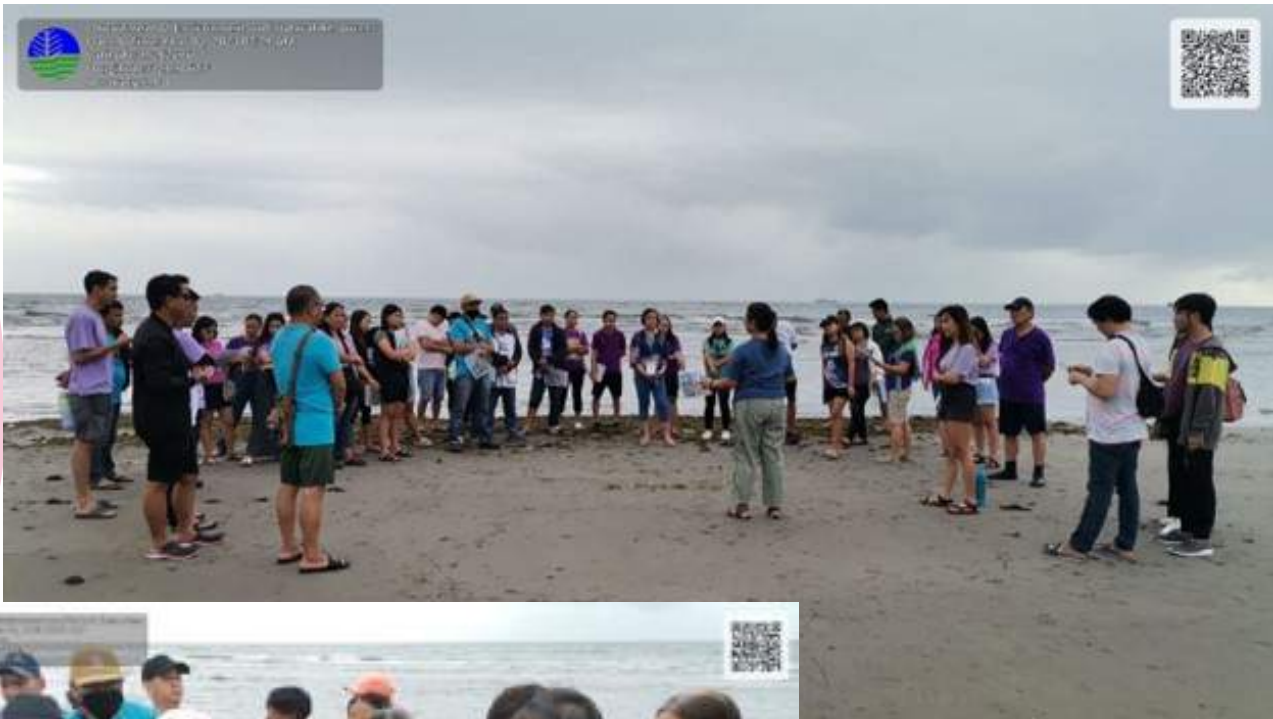
WOMEN'S MONTH ACTIVITIES



# WORLD SEAGRASS DAY 2024 AT MANGNAO, DUMAGUETE CITY

WE stands for Women and Everyone, emphasizing the shared responsibility for gender equality, which isn't solely the duty of women but involves everyone. WE also signifies Women's Empowerment, a goal attainable when various entities, including agencies, institutions, private partners, and duty-bearers at national and local levels, ensure women have equal rights and opportunities. Women's active participation in seizing these opportunities is crucial. By collaborating with everyone, achieving gender equality becomes a realistic possibility.

CENRO Dumaguete City celebrated World Seagrass Day 2024 at Mangnao, Dumaguete City, Negros Oriental, aligning it with National Women's Month. On the first day of March, employees were required to wear purple shirts to show support for women's equality.



## PREPARING NUTRITIOUS MEALS AS PART OF THE WOMEN'S WEEK CELEBRATION

Proclamation No. 224, issued on March 1, 1988, by former President Corazon C. Aquino, designates the first week of March annually as Women's Week, with March 8th established as Women's Rights and International Peace Day. This proclamation solidifies our alignment with the United Nations and acknowledges the invaluable contributions of Filipino women to the struggles for national independence, civil liberties, equality, and human rights.

In observance of Women's Week and in honor of International Women's Day on March 8th, which originated from the organizing endeavors of women in the early 20th century, CENRO Dumaguete opted to prepare and share healthy meals. This gesture not only commemorates the historical significance of the day but also serves as a recognition of the ongoing efforts towards gender equality. Between 1909 and 1911, female workers in the United States, mobilized through organizations like the National Women's Trade Union League, staged protests against inadequate wages, absence of protective laws, and unfavorable working conditions.

CENRO Dumaguete is whipping up a delicious batch of Dinoldog to share with everyone as part of the Women's Month celebration. Savoring this tasty treat and honoring the contributions of women everywhere!



# WOMANITY RUN 2024 DUMAGUETE CITY HEADED BY DUMAGUETE CITY VAWC OFFICERS

Dumaguete City VAWC Officers orchestrated an inspiring womanity run, aligning with the spirit of International Women's Month. This event, marked by its vibrant energy and unity, aimed to champion the cause of women's empowerment and equality. With enthusiastic participation from diverse sectors, including governmental agencies, private enterprises, and public institutions, the run served as a powerful symbol of collective support for women's rights.

The event attracted a remarkable turnout of approximately 1500 participants, reflecting the widespread engagement and enthusiasm within the community. Individuals from all walks of life converged to lend their voices to the ongoing movement for gender equality. Their presence underscored the significance of solidarity in fostering positive change and breaking down barriers that hinder women's progress.

Amidst the spirited atmosphere, employees from CENRO Dumaguete showcased their unwavering commitment by actively taking part in a 5km run. Their enthusiastic involvement exemplified the agency's dedication to promoting gender inclusivity and advancing the rights of women. By joining forces with fellow participants, they reaffirmed their collective resolve to create a more equitable and just society for all.



## WORLD WATER AND INTERNATIONAL DAY OF FORESTS IN THE COMMUNITY OF LIPTONG VALENCIA

CENRO Dumaguete joyously commemorates World Water Day and International Day of Forests within the vibrant community of Liptong, Valencia. As part of this celebration, CENRO Dumaguete is dedicated to empowering the women in the community, along with DENR staff, to actively participate in the preservation and protection of the forest and water resources.

The warm reception from the community members reflects their enthusiasm and support for the efforts of DENR staff in enhancing the environmental condition of their area. They eagerly welcome the collaboration to improve the conservation of the forest and water, recognizing the importance of these resources for their community's well-being.

Empowering women to take a leading role in environmental protection is paramount, as they play a crucial role in nurturing and safeguarding nature. By involving women in the forefront of conservation efforts, there is a deeper sense of connection and commitment to preserving and caring for the environment.

Through this collaborative endeavor, CENRO Dumaguete aims to foster a sense of ownership and responsibility among community members towards the protection of their natural surroundings. Together, they work towards a sustainable future where forests are thriving, and water resources are preserved for generations to come.



## CULMINATING ACTIVITY

In alignment with Women's International Month and the overarching goal of empowering women, CENRO Dumaguete concluded its series of activities by providing basic self-defense lessons. Recognizing the importance of equipping women with tools to protect themselves, these sessions aimed to foster a sense of confidence and empowerment among participants. By offering practical skills in self-defense, CENRO Dumaguete sought to empower women to navigate their lives with greater security and assertiveness.

The self-defense lessons were designed to cater to the diverse interests and needs of the women at CENRO Dumaguete. Through interactive and hands-on instruction, participants were able to learn effective techniques for self-protection in various situations. Additionally, these sessions served as a platform for women to connect, support one another, and cultivate a strong sense of solidarity within the organization. As a result of these efforts, women at CENRO Dumaguete emerged from the self-defense lessons with a heightened sense of self-awareness and empowerment. Armed with practical skills and newfound confidence, they are better equipped to pursue their passions and contribute meaningfully to their personal and professional lives.



# CENRO AYUNGON

WOMEN'S MONTH ACTIVITIES





## MARCH 01, 2024 – HANGING OF OFFICIAL 2024 NATIONAL WOMEN’S MONTH CELEBRATION BANNER

CENRO Ayungon personnel headed by OIC, CENR Officer Jimmy A. Panebio simultaneously hanged their banner for the 2024 National Women’s Month Celebration (NWMC) in its main office in Ayungon and ranger stations in Banban and Guihulngan City, Negros Oriental. The said banner with this year’s National Women’s Month Celebration theme: *Lipunang Patas sa Bagong Pilipinas: Kakayahan ng Kababaihan, Patutunayan!* is a campaign that both emphasizes a positive affirmation and a call to action in closing gender gaps in the country and in gathering more support to the advocacy specially in the forestry sector. It was attended by a total of thirty-eight (38) DENR–CENRO Ayungon personnel including both ranger stations of Banban and Guihulngan City, composed of nineteen (19) women and nineteen (19) men.



## MARCH 04, 2024 – KICK –START PROGRAM FOR THE 2024 NATIONAL WOMEN’S MONTH CELEBRATION

To formally start the month-long festivities for the 2024 National Women’s Celebration (NWMC), DENR- CENRO Ayungon personnel officially raised the curtains and unveiled a series of activities during the regular Monday program that was led by Supervising Ecosystems Management Specialist Cristina C. Manlangit, marking the beginning of the said celebration in honor of women. It was a half-day event filled with fun and information, that was participated by a total of fifty-five (55) CENRO personnel, from which are composed of twenty-eight (28) women and twenty-seven (27) men.



*ANNOUNCEMENT OF 2024 NWMC LINED-UP OF ACTIVITIES AS PER RSO NO: 83, SERIES OF 2024, ·PRESENTATION OF SALIENT FEATURES OF THE MAGNA CARTA OF WOMEN*

## MARCH 08, 2024 – INTERNATIONAL WOMEN’S DAY CELEBRATION

International Women’s Day (IWD) that is celebrated every 8th day of March of each year is said to be a global day of celebrating the social, economic, cultural, and political achievements of women (<https://www.internationalwomensday.com/>). It is a celebration of women’s achievement in different fields, raising awareness about discrimination and take actions to achieve gender parity. This year’s IWD celebrates under the theme: Investing in Equality toward Gender-inclusive Prosperity and with official hashtags #WEcanbeEquALL #IWD2024 #InvestInWomen, which talks about championing women empowerment from the global perspective.

In support of this global observation, DENR-CENRO Ayungon organized various impactful activities that show a place free from bias, stereotypes, and discrimination.

*COASTAL CLEAN-UP ACTIVITY AT SITIO PUNTA,  
BARANGAY CAMPUYO, MANJUYOD, NEGROS ORIENTAL*



*ATTENDANCE DURING THE DIGITAL FORUM ON GLOBAL  
WOMEN'S EMPOWERMENT BY PCW*



# MARCH 08, 2024 – INTERNATIONAL WOMEN’S DAY CELEBRATION

*SERBISYO PARA KAY JUANA: ODISTRIBUTION OF ADVOCACY T-SHIRT TO DENR-CENRO AYUNGON WOMEN EMPLOYEEE*



*DISTRIBUTION OF PARA KAY JUANA FREEBIES – 2024 NWM PLANNER TO FIRST 15 CLIENTS*



# MARCH 08, 2024 – INTERNATIONAL WOMEN’S DAY

INFORMATION AND FAMILIARIZATION ON NWMC AND SUSTAINABLE MANAGEMENT OF ENVIRONMENT AND NATURAL RESOURCES OF WOMEN WITHIN PA



Mr. Julius B. Sagisag, Barangay Chairperson of Barangay Campuyo, Manjuyod, Negros Oriental expresses his gratitude for choosing their barangay to be part of the celebration of International Women’s Day.

Supervising Ecosystems Management Specialist, Cristina C. Manlangit briefly tackled about the celebration of IWD as part of the Women’s Month Celebration. She added the importance of having a clean and healthy environment instilling it to the youth and the people living within the protected area.



DISTRIBUTION OF GENDER-SENSITIZED IEC MATERIALS ON WOMEN RELATED LAWS TO THE COMMUNITY WITHIN PROTECTED AREA

# MARCH 08, 2024 – INTERNATIONAL WOMEN’S DAY

SPECIAL LANE FOR JUANA’S



*ZUMBA FRIDAY SESSION ATTENDED BY SEVENTEEN (17) WOMEN AND TEN (10) MEN PERSONNEL INCLUDING JOB ORDER PERSONNEL OF DENR CENRO AYUNGON.*



*MINI OLYMPICS/ TEAM BUILDING ACTIVITY TEAM 1 – SLOW MOOW*



# MARCH 08, 2024 – INTERNATIONAL WOMEN'S DAY

MINI OLYMPICS/ TEAM BUILDING ACTIVITY TEAM 2 – AT'S.. AT'S



MINI OLYMPICS/ TEAM BUILDING ACTIVITY TEAM 3 – SAVAGIRLS



# MARCH 08, 2024 – INTERNATIONAL WOMEN’S DAY

MINI OLYMPICS/ TEAM BUILDING ACTIVITY TEAM 2 – AT’S. AT’S



MINI OLYMPICS/ TEAM BUILDING ACTIVITY TEAM 3 – SAVAGIRLS



*As the world-renowned feminist, journalist and activist once said, “The story of women’s struggle for equality belongs to no single feminist nor to any organization but to the collective efforts of all who care about human rights”. The event went very successful, everyone was enjoyed and even look forward for more activities for the whole month of March. International Women’s Day belongs to everyone and everywhere.*





# HAPPY INTERNATIONAL WOMEN'S DAY!



📍 DENR - CENRO, AYUNCON, NEGRO...



## MARCH 13, 2024 – EMERGENCY DISASTER AND FIRST AID SEMINAR

Disaster preparedness and first aid seminar for women and men employees for CENRO Ayungon personnel and call for women first responder was done last March 13, 2024 at DENR- CENRO Ayungon, Negros Oriental. This is in line with the Women’s Month Celebration, with Mr. Jan Philip Poliquit, Roentgen Lu-ang, Jeboy Aspacio, and Christian Jay Sy of the Municipal Disaster Risk Reduction and Management Office (MDRRMO) Ayungon, who served as the resource speakers for the said event.

It was a-half day activity filled with basic learning for rescue and first aid that was participated by CENRO Ayungon staff and on-the-job trainees from Negros College, Inc., there were a total of twenty-nine (29) participants present during the event that was composed of fourteen (14) men and fifteen (15) women.



## MARCH 18, 2024 – FILM SHOWING ON WOMEN EMPOWERMENT

On March 18, 2024, Monday, at DENR – CENRO Ayungon virtual room, a film showing was conducted. There were total of thirty-four (34) CENRO personnel that was composed of 15 men and 19 women who watched together while having lunch break. The movie was entitled, "The Color Purple", it is a story of a poor African-American girl who lived in a rural area in Georgia, it is an inspiring musical story that tells of finding strength to triumph over adversity and rediscovering a unique voice in the world full of criticism and different forms of abuse.



## MARCH 19, 2024 – FINANCIAL LITERACY SEMINAR



In the present economic scenario personal financial decisions and money management have been highly valued. The global economic instability, has given rise to divers and complex financial products that leads to new challenges, forcing people to face complex financial decisions. Employees nowadays are facing numerous financial changes ranging from overwhelming financial information, products and services to financial responsibilities that made it more difficult to financial decisions in securing their own financial well-being. All these and more resulted to the importance of amplifying personal financial management skills that everyone must possess in everyday life.

## MARCH 19, 2024 – FINANCIAL LITERACY SEMINAR

To give light of the above perspective, DENR CENRO Ayungon conducted a One (1) day Financial Literacy Seminar to its employees as part of the 2024 Women's Month Celebration. It aims to provide employees regardless of gender a full understanding of the importance of being financially literate and its impact on their financial well-being. Mr. Celwar Luke C. Prospero, a Financial Advisor that serves as the speaker states that, when an individual is financially literate, they can



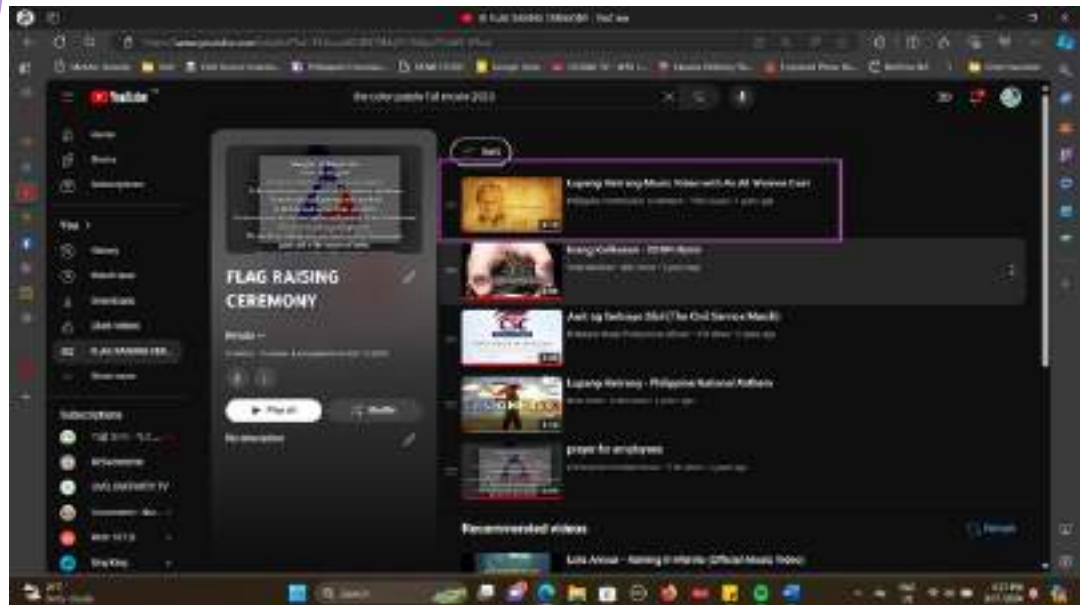
plan, borrow, invest, and spend wisely while someone who has a low level of financial knowledge has the potential to result in poor financial decisions that will adversely affect their financial condition.

The activity was attended by total of twenty-seven (27) DENR CENRO Ayungon employees including job order and on-the job trainees from Negros College, Inc, composing of twenty-one (21) women and six (6) men.



# OTHER RELATED ACTIVITIES IN SUPPORT OF THE WOMEN'S MONTH CELEBRATION (MARCH 1-31, 2024)

·USE OF ALL WOMEN CAST LUPANG HINIRANG VIDEO DURING MONDAY PROGRAM



## PURPLE ICON IN SOCIAL MEDIA



# OTHER RELATED ACTIVITIES IN SUPPORT OF THE WOMEN'S MONTH CELEBRATION (MARCH 1-31, 2024)

WEARING OF PURPLE EVERY WEDNESDAYS FOR THE WHOLE MONTH OF MARCH 2024



PURPLE ICON IN SOCIAL MEDIA



# OTHER RELATED ACTIVITIES IN SUPPORT OF THE WOMEN'S MONTH CELEBRATION (MARCH 1-31, 2024)

*BAGGING ACTIVITY IN SUPPORT OF THE ENGP AND IMPROVEMENT OF THE VEGETABLE GARDEN MARCH 07, 2024 – DENR CENRO AYUNGON CENTRAL NURSERY*



*MANGROVE TREE PLANTING UNDER ENGP AREAS MARCH 12, 2024 – BARANGAY BASAK, GUIHULNGAN CITY, NEGROS ORIENTAL ALONG WITH PO – MACRUAI*

# OTHER RELATED ACTIVITIES IN SUPPORT OF THE WOMEN'S MONTH CELEBRATION (MARCH 1-31, 2024)

100%  
DISTRIBUTION  
OF  
ADVOCACY T-  
SHIRT TO  
CENRO  
AYUNGON  
EMPLOYEES



IT IS AN INITIATIVE WHERE GAD FOCAL PERSONS FROM CMEMP, ENGP, AND ADMIN GATHER MONTHLY TO SIT IN AND DISCUSS MATTERS RELATED TO THE ACTIVITIES ENROLLED FOR GENDER AND DEVELOPMENT (GAD) AND HOW TO ADDRESS VARIOUS ISSUES AND CONCERNS THAT CAME OUT DURING THE IMPLEMENTATION PERIOD TO ATTAIN MEASURES SET ON PIMME AND GMEF.



## MARCH 25, 2024 – CULMINATION DAY



The DENR- CENRO Ayungon Gender and Development Focal Point System (GAD-FPS) conducted a One-day Culminating Activity as part of the celebration for CY-2024 National Women's Month Celebration on March 25, 2024, Monday at DENR-CENRO Ayungon, Negros Oriental. There were various activities organized during the said event that included Food Preservation Training, an Earthquake Drill, and the awarding of winners for the Photography Contest, Capacity Building, and Trivia Games.

It was opened by an All-Women Cast Flag flag-raising ceremony followed by a Zumba session fronted by DENR- CENRO Ayungon dancers. Afterward, a simultaneous Earthquake Drill was conducted, this is as per the Memorandum dated March 12, 2024, re: Conduct of 1st Quarter CY-2024 Nationwide Simultaneous Earthquake Drill on March 25, 2024, at 9:00 am



During the general assembly, GAD Focal Person, Kristine Mae T. Añabieza delivered her message, she underscored that the celebration aims to empower women in the workplace and recognize their capabilities as great contributors to change and development. She also reminded everyone that both men and women are equal in all terms, especially in capabilities and competence.



The culminating activity highlighted the following activities:

## MARCH 25, 2024 – CULMINATION DAY

Awarding of Photography Contest winners with the theme: “WE for gender equality and inclusive society”.

**1st – Ms. Janeth V. Calumba**

**2nd – For. Cathlyn D. Rodriguez c/o For. Endrico Q. Sarong**

**3rd – Ms. Charie Mae C. Herrera**



·Awarding of Trivia Game winners, namely Mr. Derick A. Aquino, Mr. Al Duane P. Tañedo, Mr. Kenneth D. Cancio, and Mr. Gene Vincent A. Bendaño. The trivia game was conducted last March 01, 2024, during the kick-start program for the National Women’s Month held at DENR-CENRO Ayungon, questions were about facts regarding the National Women’s Month Celebration.



## MARCH 25, 2024 – CULMINATION DAY

Awarding of Best Team during the Capacity Building held March 8, 2024, during the International Day of Women at DENR- CENRO Ayungon, Negros Oriental.



Food Preservation Training presented by Supervising Ecosystems Management Specialist, Cristina C. Manlangit, aims to provide other sources of income for DENR- CENRO Ayungon employees. The group was divided into four (4), Office of the CENRO, Regulatory and Permitting Section (RPS), Conservation and Development Section (CDS), and Enforcement and Monitoring Section (EMS). Food preserves were banana chips, malunggay chips, spicy bagoong, chicken pastel, salted peanuts, and camote chips.



## MARCH 25, 2024 – CULMINATION DAY



The activity was concluded by OIC, CENR Officer Jimmy A. Panebio thanking the GAD Focal Point System committee for their hard work and all personnel for their cooperation and participation in the activities of the National Women's Month. Right after, the food prepared during the training was set and ready to be shared and enjoyed among employees.



# PENRO BOHOL

WOMEN'S MONTH ACTIVITIES



## INTRODUCTION

The National Women’s Month is celebrated every month of March of every year. The event is aimed at highlighting the contributions of women in nation-building and in society. It is also a clear manifestation of the continuous advocacy for gender equality.

In the Philippines, it started with Proclamation No. 224 series of 1988 “Declaring the First Week of March of Every Year as Women’s Week and March 8, 1988 and Every Year Thereafter as Women’s Rights and International Peace Day” signed by Former President Corazon C. Aquino signed on March 1, 1988. The proclamation affirmed our solidarity with the United Nations and focused at recognizing Filipino women’s contribution in the struggle for national independence, civil liberties, equality and human rights.

It was followed by the issuance of Proclamation No. 227 series of 1988 “Providing for the Observance of the month of March as “Women’s Role in History Month”. Signed by President Aquino on March 17, 1988, it reinforced the earlier proclamation by emphasizing the role of Filipino women in the social, cultural, economic and political development throughout history. It provided for a month-long nationwide observance with appropriate ceremonies and activities to be spearheaded by the Philippine Commission on Women.

Two (2) years later, Republic Act No. 6949 series of 1990 was issued declaring March Eight of Every Year as a Special Working Holiday to be known as National Women’s Day. Signed by President Aquino on April 10, 1990 to further strengthen the impetus for the celebration by declaring March 8 as a special working holiday and enjoining employees from the government and private sector to participate in activities conducted by their offices.

In order to highlight the National Women’s Month celebration 2024, DENR PENRO Bohol initiated and spearheaded a number of activities in observance of the month-long celebration, to wit:

ACTIVITY	DATE & VENUE	PARTICIPANTS
Kick-Off Activity	March 1, 2024; DENR-PENRO Bohol, Upper De La Paz, Cortes, Bohol	DENR-PENRO Bohol personnel, Immersionists and On-the-Job Trainees (OJTs)
Printing and Installation of Banner Cloth	Whole month of March 2024; DENR-PENRO Bohol, Upper De La Paz, Cortes, Bohol	DENR-PENRO Bohol, immersionist, OJTs, clients, passers-by and daily commuters
Participation to Purple Fridays	March 1, 8, 15 and 22, 2024; DENR-PENRO Bohol, Upper De La Paz, Cortes, Bohol	DENR-PENRO Bohol, immersionist and OJTs
Film Showing	March 8, 2024; DENR-PENRO Bohol, Upper De La Paz, Cortes, Bohol	DENR-PENRO Bohol, immersionist and OJTs
Women’s Month Exhibit	Whole month of March 2024; DENR-PENRO Bohol, Upper De La Paz, Cortes, Bohol	DENR-PENRO Bohol, immersionist, OJTs and clients

# WOMEN'S MONTH EXHIBIT

DENR – PENRO Bohol has installed and mounted an exhibit at its office. The exhibit contained the history and legal bases of the National Women’s Month celebration, Filipinas who made history with their contributions and DENR–PENRO Bohol activities highlighting the participation of its women employees.



## FILM SHOWING ON WOMEN AND FAMILY

In order to highlight gender issues, gender roles and importance of family in celebrating the World Women's Day 2024, PENRO Bohol conducted a film showing of the movie entitled, "Rewind" on March 8, 2024. It is a 2023 Philippine science fiction romantic drama film directed by Mae Cruz-Alviar from a screenplay by Erico C. Santos and Joel Mercado, based on an original story by Santos.

After the film showing, the participants were able to share their impressions and learnings in relation to gender, to wit:

- Married couples, both husband and wife, should support each other in order to grow and succeed in life;
- Husbands should also allow their wives to pursue their dreams through financial and emotional support and giving them the time and freedom to do what their hearts really desire;
- Mothers should also be given time to relax, recharge and step out of their usual daily routine as a wives and mothers from time to time;
- Time and being present at the moment are the most precious gifts we could give to our family members, spouse or children and not money or material things. We should grab every opportunity to show our love to them because we do not know how long we will be with them.





## HEALTH AND WELLNESS SESSIONS (ZUMBA)

In order to promote holistic health among the employees, immersionists and OJTs, Zumba sessions were conducted every Monday (before the Monday Program) and Friday (before the flag retreat ceremony). The host section/unit as well as the immersionists and OJTs took turns in leading the zumba sessions.



## PARTICIPATION OF WOMEN IN THE CONDUCT OF THE SIMULTANEOUS EARTHQUAKE DRILL AND FIRE DRILL

In order to promote holistic health among the employees, immersionists and OJTs, Zumba sessions were conducted every Monday (before the Monday Program) and Friday (before the flag retreat ceremony). The host section/unit as well as the immersionists and OJTs took turns in leading the zumba sessions.



## SEMINAR TRAINING ON MENTAL HEALTH

OIC, TSD Raul G. Paler discussed about Mental Health on March 27, 2024 at DENR-PENRO Bohol Office in order to share their insights and learnings during the Seminar on Mental Health to DENR key officials in Cebu City by DENR Assistant Secretary Hiro V. Masuda. The discussion focused on the Basics of Human Motivation which subtopics: a) Definition of Motivation; b) Importance of Motivation and c) Tips on How to Stay Motivated.



## EXHIBIT MATERIALS FOR THE GAD EXHIBIT AT DENR CENTRAL OFFICE

DENR PENRO Bohol submitted its entry for the GAD Exhibit at the DENR Central Office which highlighted women participation in the Rivers for Life Program of the DENR.

### **“WE for Gender Equality, Inclusive & Resilient Society” PENRO Bohol**



Boholanas prove that gender equality is not only through equal rights and opportunities but also with the role they play towards environmental protection, conservation and management. Women stakeholders have always been active in DENR-PENRO Bohol's fight for a clean and healthy Abatan River through the R.I.V.E.Rs for Life.

Women from different organizations, ages and walks of life are DENR's active partners in the series of clean-up activities from the start of the program up to present. These women have taken the challenge by heart and are one with DENR in ensuring that both present and future generations will enjoy and sustain a clean and healthy environment.



Women from LGUs and business establishments participate in cleanup activities.



DENR Region VII  
PENRO Bohol  
Upper De La Paz, Cortes, Bohol

## GAD-TO-KNOW QUIZ BEE

To culminate the month-long celebration, DENR-PENRO Bohol conducted a GAD-TO-KNOW Quiz Bee which was participated by Immersionists and OJTs. The Quiz Bee composed of three (3) rounds: Easy, Moderate and Difficult with a scoring system of 1 point, 2 points and 3 points, respectively. It was composed of 30 questions (10 questions per round) with multiple choices provided. The questions covered matters on the history of the women's month, legal basis, GAD terminologies and inventions and important contributions of women around the world. Several questions were also allotted in highlighting Filipinas who made history. A total of 8 participants took part in the activity with the following emerging as winners, to wit:

**1st Placer: Angel Napitan (Bohol Island State University-Main Campus)**

**2nd Placer: Analyn D. Inanod (Bohol Island State University-Main Campus)**

**3rd Placer: Charmaine Agosto (Bohol Island State University-Main Campus)**



## FREE ICECREAM OR ICECREAM PARTY

Through its OIC, MSD Grace V. Simbajon, DENR-PENRO Bohol sponsored an ice cream party for all personnel, Immersionists and OJTs to add more fun and excitement in the culmination of the National Women's Month celebration. This is also to thank everyone for a successful celebration through their participation and cooperation.



# CENRO TAGBILARAN CITY

WOMEN'S MONTH ACTIVITIES



## INTRODUCTION

The month of March in every year is the celebration of National Women's Month. This month-long observance provides us with a poignant opportunity to honor and recognize the invaluable contributions of women to society, history, and culture. It is a time to reflect on the progress made towards gender equality and to acknowledge the ongoing efforts needed to ensure that women around the world can live, work, and thrive in environments free from discrimination and prejudice.

The roots of National Women's Month trace back to a history of struggle, advocacy, and resilience. Throughout the centuries, women have fought tirelessly for their rights, challenging societal norms and injustices to pave the way for future generations. From the suffragette movements demanding voting rights to the feminist movements advocating for equal opportunities in education and employment, the journey towards gender equality has been marked by both triumphs and setbacks.

The 2024 National Women's Month Celebration aims to capitalize on the recurring theme, "WE for gender equality and inclusive society," introduced in 2023 with the 2024 subtheme, "Lipunang Patas sa Bagong Pilipinas; Kakayahan ng Kababaihan, Patutunayan!" Each year, National Women's Month is commemorated with a specific theme that highlights key issues facing women and underscores the importance of gender equality. This theme serves as a focal point for discussions, events, and initiatives aimed at raising awareness, promoting empowerment, and fostering inclusivity. One of the central themes of National Women's Month is women empowerment. It celebrates the empowerment of women in all aspects of life, including education, employment, politics, and social activism. By highlighting the achievements of women in these fields, National Women's Month encourages other women to pursue their dreams and aspirations without fear or hesitation. It also provides a platform for recognizing and celebrating the diverse talents, skills, and accomplishments of women from all walks of life.

In observance to Philippine Commission on Women (PCW) Memorandum Circular No. 2024-02: Guide for the 2024 National Women's Month Celebration consistent with the Proclamation Nos. 224 & 227 series of 1988, 759 series of 1996, 744 series of 2004 and Republic Act 6949 s. of 1990, which provides among others, the NWMC. With that CENRO Tagbilaran City has various lined-up activities for the month-long celebration to hold immense significance in recognizing the invaluable contributions of women to society. It serves as a time to honor their achievements, acknowledge their struggles, and reaffirm our commitment to gender equality. The activities also emphasized the importance of National Women's Month and reflects on the progress made in advancing women's rights while recognizing the challenges that still lie ahead.



## KICK-OFF ACTIVITIES



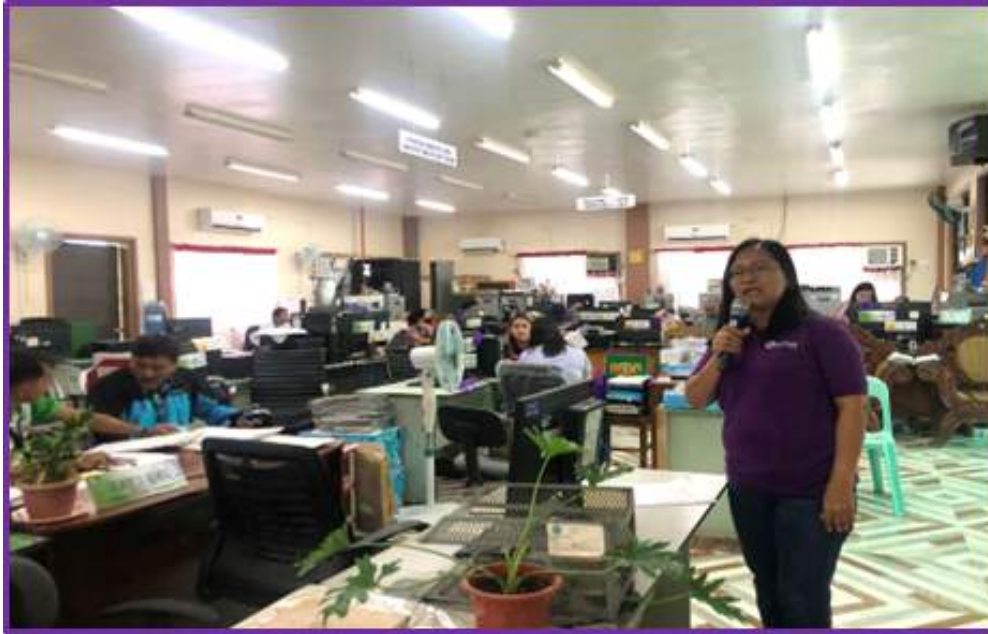
The kickoff program for National Women's Month sets the tone for a month-long celebration dedicated to recognizing the achievements of women, promoting gender equality, and advocating for women's rights.

CENRO Tagbilaran City commenced this year's National Women's Month Celebration on March 1, 2024 held at the CENRO premises spearheaded by For. Glicerita C. Racho, OIC-CENR Officer and was actively participated by all CENRO employees and staff. The activity includes the hanging of Cloth Streamers and a short lecture highlighting the importance of National Women's Month Celebration (NWMC) facilitated by the Information Officer, For. Annafe O. Hilot and the discussion on Gender & Development, given by the GAD Focal person, For. Joan A. Estorpe. Also, part of the activity was trivia questions, TV/Video presentation on NWMC 2024 theme/guidelines, playing of MusikJuana, distribution of informational materials and Zumba session to enhance the physical aspect of men and women employees and clients present during the kick-off activity.

Separately, CMEMP Team of CENRO Tagbilaran City also conducted DalawTuro or Communication Education and Public Awareness (CEPA) on the women's month celebration and the ENR Celebration on World Seagrass Day at barangay Danao, Panglao, Bohol.

## PRESENTATION OF 2024 NWMC LINED-UP ACTIVITIES

The lined-up activities for the month-long celebration participated by all CENRO Tagbilaran City employees and staff was presented by the GAD Focal Person, For. Joan A. Estorpe during the kick-off activity and every Monday during the program on March 4,11,18,25, 2024 by the Information Officer, For. Annafe O. Hilot which aims to raise awareness and encouraged everyone to actively collaborate and participate on the GAD activities during the month-long-celebration.



*Forester Joan A. Estorpe, GAD Focal Person discussed the lined-up activities during the kick-off program of the National Women's Month Celebration 2024 on March 1, 2024 at CENR Office.*

## HANGING OF 2024 NWMC CLOTH STREAMER

In order to provide advocacy promotion to the general public, CENRO Tagbilaran City also installed the Banner Cloth Streamer within office premises bearing the 2024 recurring theme of the National Women's Month, "WE for gender equality and inclusive society," introduced in 2023-2028 with the 2024 subtheme, "Lipunang Patas sa Bagong Pilipinas; Kakayahan ng Kababaihan, Patutunayan!"



## WEARING OF PURPLE FRIDAYS, ZUMBA AND PLAYING OF MUSIKJUANA

In support to the Philippine Commission on Women's (PCW's) campaign to signify support on gender equality and women's empowerment, all employees participated the Purple Fridays to end discrimination against women. Wearing of Purple T-shirt/Polo Shirt and playing of Musikjuana every Friday on March 1, 8,15,22 & 29, 2024 to promote women empowerment.



## LECTURE ON WORK-LIFE BALANCE AND STRESS MANAGEMENT

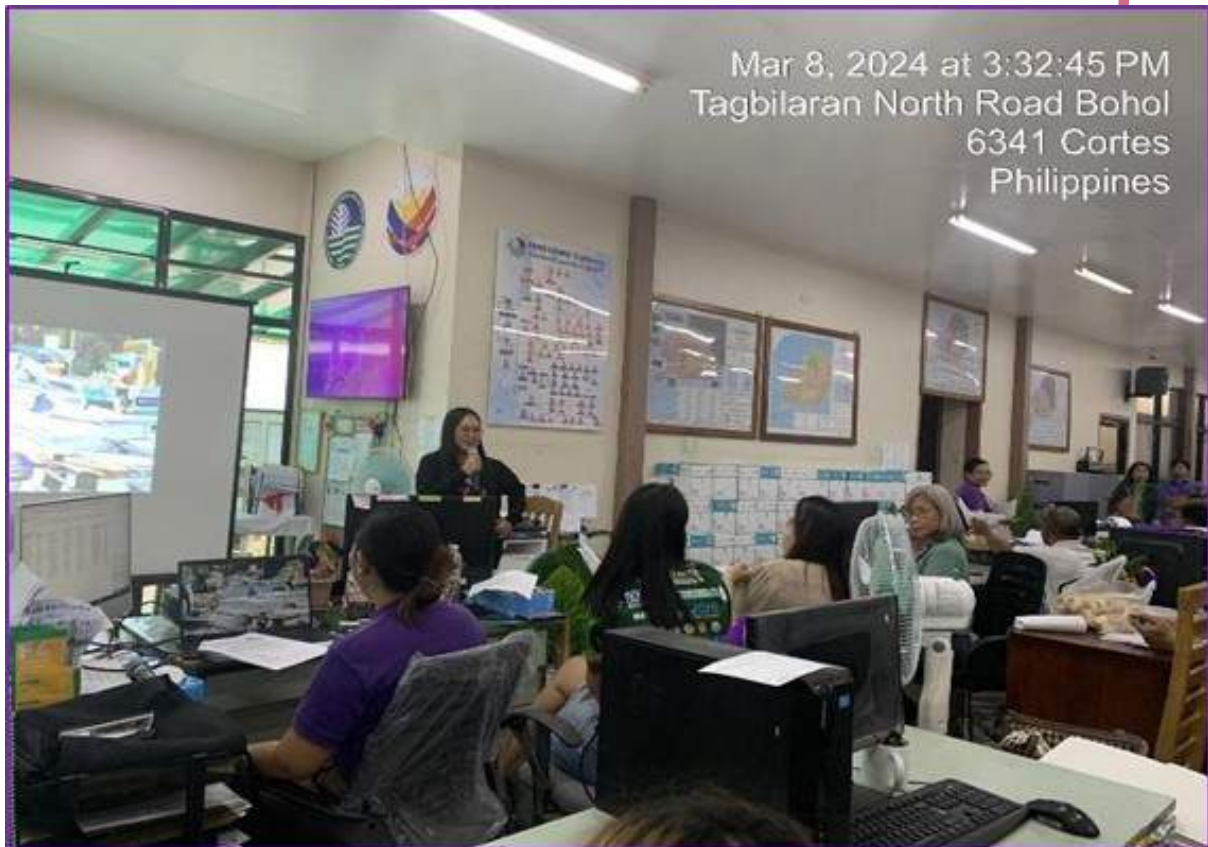
Work-life balance and Stress Management lectures are becoming increasingly important in today's fast-paced and demanding work environments which were discussed by For. Joan A. Estorpe and For. Merlita Tinay on March 8, 2024 during the Internation Women's Day. Considering the several reasons why it holds significance: (1) Employee Well-being: Training on work-life balance can help employees manage their time effectively, reduce stress, and prevent burnout.



When employees feel supported in balancing their work and personal lives, they are likely to experience higher levels of well-being and job satisfaction. (2) Increased Productivity: A balanced lifestyle contributes to higher productivity levels. When employees are able to effectively manage their time and energy, they can focus more efficiently on their tasks and responsibilities at work, leading to better performance and outcomes. (3) Reduced Absenteeism: Employees who are stressed or overwhelmed are more likely to take sick days or experience absenteeism.

## LECTURE ON WORK-LIFE BALANCE AND STRESS MANAGEMENT

Work-life balance training can help employees better manage stress and avoid burnout, leading to fewer absences and increased overall productivity. (4) Improved Morale and Company Culture: A culture that supports work-life balance fosters higher morale among employees. When employees feel that their personal lives are valued and respected by their employer, they are more likely to be engaged and committed to their work.



Overall, investing in work-life balance forum demonstrates a commitment to the well-being of employees and can have numerous positive effects on both individuals and organizations. However, stress management is crucial for promoting health, well-being, productivity, and resilience in individuals and organizations. By prioritizing stress management initiatives, individuals can lead happier, healthier lives, while organizations can create supportive environments that foster success and fulfillment for their employees.

## OPENING OF EXHIBITS FEATURING WOMEN INITIATIVES



In recognizing and showcasing women's contribution and innovations, a photo exhibit was launched on March 8, 2024 at the CENRO lobby which displays different photos of men and women achievements and initiatives in various walks of life. Throughout the exhibit, accompanying captions and stories provide context and depth to the images, allowing viewers to connect on a deeper level with the subjects and their experiences.

## TRAINING ON FIRE PREVENTION AND SUPPRESSION



*Photos taken during the Fire Prevention and Suppression training to all employees and staff on March 6, 2024.*

On March 6, 2024, CENRO Tagbilaran City in collaboration with the Bureau of Fire Protection (BFP)- Tagbilaran City Fire Station conducted Fire Prevention and Suppression training to all employees and staff. The lectures on fire prevention and suppression are essential for raising awareness, promoting safety, and protecting lives and property from the devastating effects of fires. By empowering individuals with knowledge and skills, these lectures contribute to building safer communities and reducing the incidence and impact of fires.

## NATIONWIDE SIMULTANEOUS EARTHQUAKE DRILL

Relative to the directive on Nationwide Simultaneous Earthquake Drill (NSED), CENRO Tagbilaran City in coordination with the Provincial Disaster Risk Reduction and Management Office (PDRRMO)-Bohol, personnel of Telephone and Radio System Integrated Emergency Response (TaRSIER 117) joined forces with the 702nd Community Defense Center and 702nd Ready Reserve Infantry Battalion conducted the Nationwide Simultaneous Earthquake Drill today March 25, 2024 at CENRO Tagbilaran City compound at exactly nine o'clock (9:00) in the morning.

The activity started with a lecture on Earthquake Drill which was discussed by Jose Aleto O. Requeron, RN, head TaRSIER 117 and gave emphasis that drill serves as a systematic approach to evaluate the effectiveness, strengthen the preparedness and response capabilities of the employees, test the control, command and communication mechanism and develop every individual the basic things to do in case there is a real emergency like earthquake.



Moreover, after the lecture, the PDRRMO personnel rung twice its alarm bell/buzzer. The first rang signaling the actual earthquake while the second rang signifies that the employees should immediately went out the building following the "Duck, Cover and hold" system and stayed on the open ground in front of the office. Team Leaders of the Disaster Risk Team (DRT) has been dispatched ensuring the safety of everyone in the building.



## PUBLIC AWARENESS/GAD FORUM INVOLVING THE LGU COMMUNITY

A Gender and Development (GAD) forum involving the Local Government Unit (LGU) community can be a powerful platform for promoting gender equality, empowering women, and fostering inclusive development. It was conducted at LGU Garcia Hernandez, Bohol during the coastal and river clean-up activity which was participated by all LGU Officials and employees, BLGU Manaba, Government Agencies and private sectors. Moreover, it is a vital platform for advancing gender equality, empowering women, and building inclusive and resilient communities. By fostering dialogue, collaboration, and action, the forum can drive positive change and contribute to the achievement of the Sustainable Development Goals at the local level.



## RECOLLECTION/GENDER SENSITIVITY TRAINING TO INCLUDE VAWC/SOGIEC

CENRO Tagbilaran City held a Gender Sensitivity Training to interested employees and staff on March 15, 2024 at Panda Tea level 007, Tagbilaran City, Bohol. Gender sensitivity training that incorporates topics such as Safe Spaces Act, Violence Against Women and Children (VAWC) and Sexual Orientation, Gender Identity, and Expression (SOGIE) is essential for promoting inclusivity, respect, and understanding in various settings, including workplaces, schools, and communities. For. Anafe O. Hilot discussed on the Republic Act 11313, also known as the Safe Spaces Act or Bawal Bastos Law and For. Joan Estorpe explained on Gender and Development. The activity was concluded with confession and a Holy Mass in observance to the Lenten Season.



## PRODUCTION AND DISTRIBUTION OF INFORMATION MATERIALS

A total of 150 information materials produced and distributed to the community and clients in which plays a crucial role in disseminating important messages, raising awareness, and educating the public on various topics. These includes salient features on Magna Carta of Women, VAWC, Safe spaces Act, Expanded Maternity Leave, RA 11648, etc. including the basin information on Climate Change, Solid Waste Management, PA Brochures and CENRO profile.



## CULMINATION PROGRAM

The wrap up of this year's National Women's Month was undertaken in a meaningful and impactful way which inspired an ongoing effort to create a world where women are empowered, respected, and able to realize their full potential. During the culmination program, various activities include GAD-To-Know Quiz Bowl, playing of MusikJuana, Zumba session and awarding of certificates. The activity provides an opportunity to reflect on the progress made in advancing gender equality and women's rights, celebrate the achievements of women, and renew commitments to address remaining challenges.





## CELEBRATING WOMEN

During this month, it's essential to celebrate the remarkable achievements of women in various fields who made significant contributions behind the office accomplishments. Women have made indelible marks on history and continue to inspire future generations with their resilience and determination. However, while we celebrate progress, we must also acknowledge the persistent challenges and barriers that women face, including gender-based violence, unequal access to education and healthcare, and limited representation in leadership roles. National Women's Month provides an opportunity to recommit ourselves to addressing these issues and working towards a more just and equitable society for all.



National Women's Month is a time to celebrate the achievements, contributions, and resilience of women everywhere. It is a time to honor the past struggles of women's rights activists and to reaffirm our commitment to achieving gender equality. By recognizing the importance of National Women's Month and continuing to work towards a more inclusive and equitable society, we can help create a better future for all.

As we embark on this journey of celebration and reflection, let us honor the strength, resilience, and diversity of women everywhere. Together, let us strive to create a world where every woman and girl can live with dignity, equality, and respect. Happy National Women's Month!

# CENRO TALIBON

WOMEN'S MONTH ACTIVITIES



## INTRODUCTION

Work-life balance training can help employees better manage stress and avoid burnout, leading to fewer absences and increased overall productivity. (4) Improved Morale and Company Culture: A culture that supports work-life balance fosters higher morale among employees. When employees feel that their personal lives are valued and respected by their employer, they are more likely to be engaged and committed to their work.



## POSTING OF STREAMER/BANNER

DENR personnel pose on the advocacy streamer on the 2024 NWM was posted on the information board of DENR CENRO Talibon on March 1, 2024 (top). The same streamer was displayed for digital viewing of clients in their waiting area on March 5, 2024 (bottom).

## WEARING OF PURPLE SHIRT/DRESS EVERY FRIDAY

DENR CENRO Talibon personnel observed the wearing of purple shirt every Friday to commemorate the International Women's Day which falls on Friday, March 8, 2024.



# DISTRIBUTION AND PRODUCTION OF IEC MATERIALS ON BASIC INFORMATION OF CLIMATE CHANGE AND GENDER AND DEVELOPMENT

The Information Officer and GAD Focal Person prepared and produced IEC materials with basic information on Gender and Development and Climate Change and its effects on gender. On-the-job trainees from Blessed Trinity College handed the leaflets to the clients and stakeholders within CENRO Talibon jurisdiction from March 1-27, 2024.



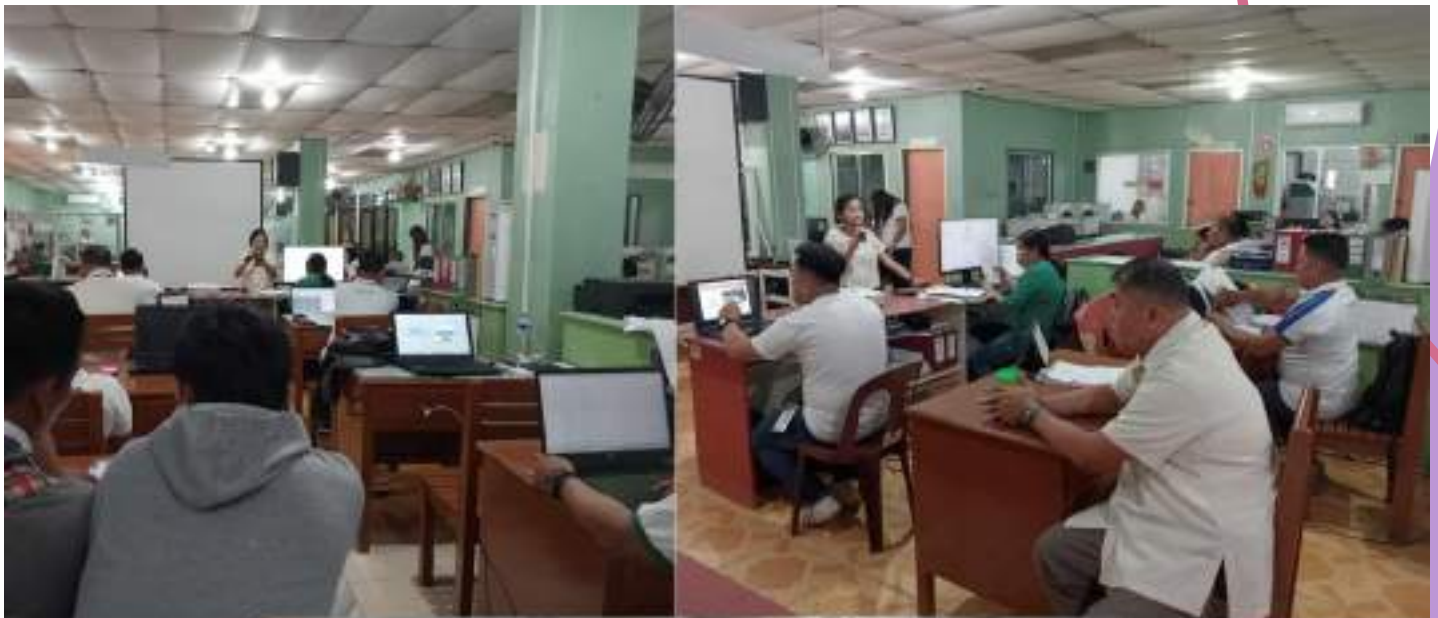
## ZUMBA DANCE EVERY FRIDAY

In order to promote fitness among women and other CENRO Talibon employees, Zumba dance were conducted every Friday for the entire month of March 2024.



# BASIC INFORMATION ON CLIMATE CHANGE, HEALTH EMERGENCY AND DISASTER RISKS AND HAZARDS AND ON EFFECTIVE PREPAREDNESS AND COUNTER MEASURES

Eng. Epifania H. Laguitao (RPS Chief/ GAD Focal Person) discussed basic information on climate change to DENR CENRO Talibon personnel on March 18, 2024 in San Jose, Talibon, Bohol. Mr. Vladimir Avenido (MDRRMC Head, Talibon, Bohol) discussed about health emergency and disaster risks and hazards and on effective preparedness and counter measures to DENR CENRO Talibon employees on March 18, 2024 in celebration of the National Women's Month.



## CONDUCT OF GENDER SENSITIVITY TRAINING (GST)

Engr. Epifania H. Laguitao conducted GST to People's Organizations from Ubay, Alicia and Mabini, Bohol on March 20, 2024 at The Farm, Cambaol, Alicia, Bohol. For. Abundio V. Curit Jr. (NGP Focal Person) discussed Forest Fire Mitigation, Prevention, Management and Response to People's Organizations with fire prone areas on March 20, 2024 at The Farm, Cambaol, Alicia, Bohol.





## NWMC CULMINATION-APRIL 1, 2024

The DENR CENRO Talibon held the culmination of the NWMC on April 1, 2024 at the DENR CENRO Talibon Office, San Jose, Talibon, Bohol. During the activity, the CENRO Talibon personnel divided into three groups namely Gabriela, Melchora and Josefa showcased their talents through sing and dance competition using Visayan songs. Parlor games including questions and answers were also conducted during the culmination. The GAD Focal Person also distributed cash and other prizes to the declared winners.



**OIC CENR OFFICER EDGAR L. RICAFORT GAVE AN INSPIRATIONAL MESSAGE DURING THE NWMC CULMINATION ON APRIL 1, 2024 AT DENR CENRO TALIBON, SAN JOSE, TALIBON, BOHOL.**

## NWMC CULMINATION-APRIL 1, 2024



**TEAM MELCHORA SANG THE SONG "BOL-ANON."**



**DANCE PRESENTATION FROM TEAM GABRIELA.**

## NWMC CULMINATION-APRIL 1, 2024



**TEAM MELCHORA SANG THE SONG "BOL-ANON."**



**DANCE PRESENTATION FROM TEAM GABRIELA.**

## NWMC CULMINATION-APRIL 1, 2024

**AWARDING OF WINNERS THROUGH CASH AND OTHER PRIZES.**



# PENRO CEBU

WOMEN'S MONTH ACTIVITIES



## MARCH 1, 2024 -INSTALLED TARPAULIN

March 1, 2024 PENRO Cebu installed tarpaulin in support and to kick-off the start of the Women's Month Celebration. An advocacy promotion/awareness for the general public. Adoption of the theme, "We for Gender Equality, Inclusive and Resilient Society"



## PRESENTATION OF GAD ACTIVITIES

During Monday Program, there was a presentation of the 2024 PENRO GAD Work and Financial Plan/Implementation Plan. A video presentation on the importance of GAD and its main purpose. Shared/presented lined-up activities for the 2024 Women's month celebration.



# PURPLE WEDNESDAY & FRIDAY

PENRO Cebu prepared a Memorandum to wear anything purple in all Fridays for the month of March 2024. The color purple is very significant for women not only because it represents them but also because it stands for justice and dignity.







## PRODUCTION AND DISTRIBUTION OF IEC MATERIALS (FLYERS & MINI POSTER)

Information, Education, and Communication (IEC) are indispensable components of community development. They serve as the foundation for creating awareness, fostering participation, and catalyzing sustainable change within communities.





# LEARNING EVENT: GENDER SENSITIVITY TRAINING; SEXUAL ORIENTATION, GENDER IDENTITY, EXPRESSION AND SEX CHARACTERISTICS (SOGIESC); AND SAFE SPACES ACT (RA NO. 11313)

Held at DENR-PENRO Cebu Conference Hall, Banilad, Mandaue City. Invited participants: (5)- PENRO Cebu personnel; (5) –CENRO Cebu City personnel; (5) – CENRO Argao personnel; (6) – TSPS staff; (5) – CCPL staff; (3) – EMB personnel and (3) MGB personnel. Actual number of participants attended = 30 (23 women and 7 men) Conducted last March 21, 2024.



## CONDUCTED LECTURES

Gender Sensitivity, SOGIESC, Salient points of Safe Spaces Act, Basic Information on Climate Change, Video Presentation on Climate Change affecting health. Held at Canasujan, Carcar City, Cebu (office of PO-COMAFAs). Participated by two peoples organizations, beneficiaries of ENGP (20) pax from PO-COMAFAs and (10) pax from PO-LULACAPIUFA (4) male and (21) female. Conducted last March 25, 2024.



## CULMINATION ACTIVITY

**Clean up Drive.** Maintaining cleanliness in the workplace not only creates a healthier environment for employees but also tends to help the department become more efficient and productive.



# CENRO CEBU CITY OLANGO ISLAND WILDLIFE SANCTUARY

WOMEN'S MONTH ACTIVITIES





"I am a woman; I can and I will." The tagline speaks with confidence by the participants of the National Women's Day celebration, a collaborative activity of Olango Island Wildlife Sanctuary and the LGU-Brgy. San Vicente, Olango Island, Lapu-Lapu City, Cebu, with a theme of "Lipunang Patas sa Bagong Pilipinas: Kakayahan ng Kababaihan, Patutunayan!" dated March 20, 2024, at Brgy. San Vicente covered the court.

The mentioned barangay is known for its various established people's organizations that have been helping their families, themselves, and the community develop and survive. Most organizations were made up of women and led by women. Regarding the activity, six (6) groups were able to participate, namely the Olango Island Eco-Tour Association (OIETA), San Vicente Kababayan-an (SVK), San Vicente Fisherfolk Association Inc. (SVFAI), Ako Babaye, Urban Poor, Task Force Survey, including representatives from Sangguniang Kabata-an councils, barangay officials, and staff. They may be different groups, but there is one thing that makes them common, and that is their goal of empowering women. The organizers chose them as the highlight of the activity, as indeed their efforts in reaching the social functioning of their family, their members, and others were evident. Honoring the realm of lipunang patas, the activity is not limited to women, other genders were able to participate as well. Indeed, this activity advocates for a just, humane, and empowering society, especially for women and children.

Anti-Violence Against Women and Their Children (VAWC) Act, or Republic Act No. 9262, was maneuvered by Ms. Devine Grace P. Jumao-as, a registered social worker and OIWS staff. Through the PowerPoint presentation, she was able to discuss the policy instruments for the protection of women and the common underlying principles of women's laws, as well as the important terms such as the different types of abuse (physical, sexual, economic, psychological, and emotional) and the technical definition of children and women according to this act. She first discussed those terms to assist the initial realization, familiarization, and understanding of the participants. She then proceeded to discuss the Acts of Violence Against Women and Their Children as a crime, the penalties, and the difference between this Republic Act and other laws that protect women. To make it engaging, the speaker asked the participants related questions and also gave situations that were answered by not a VAWC case or a VAWC case.





## COOKING CONTEST AND AN ECO-BAG HAND SEWING CONTEST

The organizers implemented a cooking contest and an eco-bag hand sewing contest. The organizers carefully decided to implement these contests at the same time to make the most of the time. For the cooking contest, there were six (6) participating groups, namely the Olango Island Eco-Tour Association (OIETA), San Vicente Kababayen-an (SVK), San Vicente Fisherfolk Association Inc. (SVFAI), Ako Babaye, Urban Poor, and Task Force Survey. Prior to the activity, the groups were informed that crab and shells should be the main meat of their dish, given that one of the main resources that we can get from the island are edible crabs and shells. All ingredients are provided by the organizers, and they also invited three (3) judges: brgy counselor Mr. Cyrus P. Eyas, brgy staff Mrs. Roselle Andales, and OIWS staff Ms. Marivic Grejaldo. They are given one hour and thirty minutes to complete their dish. Following the criteria, the OIETA and SVK ranked as the 1st placer, the Task Force Survey as the 2nd placer, and Urban Poor as the 3rd placer. All winners received a monetary prize worth 1000.00 PHP and kitchen utensils, while the participating groups received 1000.00 PHP. For the eco-bag hand sewing contest, the needed materials were provided by the organizers. The winner received a monetary prize, groceries, and her own hand-made apron. Those other participants received a prize, which was their own hand-made apron.



## CULMINATING ACTIVITY

For this celebration, the culminating activity was the awarding of winners. The organizers called, one by one, the names of the winners of the implemented activity. They were encouraged to go to the front to receive the prize and for the photo documentation. After the awarding was the closing remarks, led by the Brgy. Captain of brgy. San Vicente, Hon. Edilberta E. Lambojon. She congratulated and gave thanks to all the organizers and participants for their active participation. She then highlighted encouraging motivational messages for women and assured various activities that would help women and children develop.



# CENRO ARGAO

WOMEN'S MONTH ACTIVITIES



# CONDUCTED ORIENTATION/ APPREHENSION OF WILDLIFE BY DEPUTIZED FEMALE/WOMEN AND DEPUTIZED MALE



## WEARING OF PURPLE EVERY FRIDAYS



## CONDUCTED GAD FORUM/ GAD ORIENTATION ON GENDER SENSITIVITY ATTENDED BY SOME EMPLOYEES AND STUDENT IMMERSION/FORESTRY OJT



# ZUMBA SESSION BY THE MEMBERS OF THE CENRO ARGAO DANCE TROUPE



CONDUCTED GAD FORUM/ FOCUS GROUP  
DISCUSSION WITH PO-MRMMPC OFFICERS  
AND MEMBERS LAST MARCH 18, 2024 AT MALHIAO,  
BADIAN, CEBU



CONDUCTED COASTAL CLEAN-UP DRIVE AT BARANGAY, MALHIAO, BADIAN WITH PO-MRMMPC OFFICERS AND MEMBERS AND OJT FORESTRY STUDENTS BEING PARTICIPATED BY 8 MALE AND 13 FEMALE PARTICIPANTS.





MANGROVE PLANTING AT SOUTH POBLACION, CITY OF NAGA, CEBU CONDUCTED LAST MARCH 13, 2024 PARTICIPATED BY VARIOUS SECTORS (DENR, BLGU/LGU, PNP, OVP, PAF ETC) WITH MALE OF 39 AND FEMALE OF 20 PARTICIPANTS



CLEAN-UP DRIVE WITHIN THE OFFICE COMPOUND  
BEING PARTICIPATED BY MEN AND WOMEN  
EMPLOYEES



# PENRO SQUIJOR

WOMEN'S MONTH ACTIVITIES



## INTRODUCTION

March marks the celebration of National Women's Month, a time to honor and recognize the invaluable contributions and achievements of women. This year, as we commemorate Women's Month, it is crucial to reflect on the progress made towards gender equality and to acknowledge the work that still lies ahead.

## HEALTH & WELLNESS – ZUMBA (MARCH 4, 2024)

To kick-off the Women's Month Celebration, the twenty-seven (27) male and thirty-four (34) female PENRO-Siquijor personnel, along with the six (6) OJTs/Youth from Siquijor State College, join the 1-hour Zumba dance was conducted to boost a healthier heart; help de-stress, and make everyone happy and Hanging of Tarpaulin as WE stand for Women and Everyone emphasizing the role of women themselves, and everyone in the pursuit of gender equality.



## HANGING OF TARPAULIN/BANNER MARCH 4, 2024



## RIVERS FOR LIFE: COASTAL & RIVER CLEAN-UP MARCH 14, 2024



### **WASTE COLLECTED:**

46.8 KGS OF SINGLE-USE PLASTIC BAGS.  
44 KGS OF BEVERAGE BOTTLES (GLASS).  
19 KGS OF BEVERAGE BOTTLES (PLASTIC).  
5 KGS OF BOTTLE CANS.  
3 KGS OF CLOTHING.  
0.5 KGS OF USED TIRE.  
32 KGS EMPTY SACKS

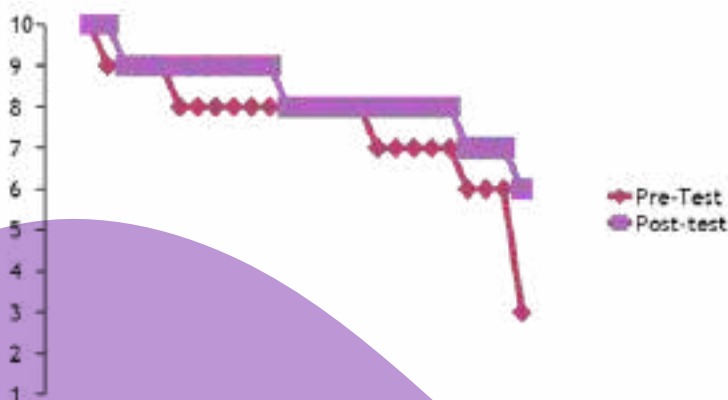
### **PARTICIPANTS:** TOTAL-164 (MALE-83, FEMALE-81)

MUNICIPAL LOCAL GOVERNMENT UNIT OF LAZI  
PHILIPPINE NATIONAL POLICE-LAZI STATION  
BARANGAY LOCAL GOVERNMENT UNIT OF TIGBAWAN  
BARANGAY LOCAL GOVERNMENT UNIT OF NAGERONG  
JOLLIBEE SIQUIJOR  
PHILIPPINE COAST GUARD - LAZI STATION  
LAZI BAY RESOURCES DEVELOPMENT INC. (LBRDI)  
BARANGAY LOCAL GOVERNMENT UNIT OF CANGCLARAN  
BARANGAY LOCAL GOVERNMENT UNIT OF POO  
BARANGAY LOCAL GOVERNMENT UNIT OF CAPALASANAN  
BARANGAY LOCAL GOVERNMENT UNIT OF TAGMANOCAN  
NATIONAL IRRIGATION ADMINISTRATION (NIA)  
BUREAU OF FIRE PROTECTION - LAZI STATION  
TWENTY4 RESTAURANT  
YOUTH/OJTS FROM SIQUIJOR STATE COLLEGE (SSC)  
YOUTH/WORK IMMERSION STUDENTS FROM LAZI  
NATIONAL AGRICULTURAL SCHOOL (LNAS)  
YOUTH/WORK IMMERSION STUDENTS FROM  
CAMPALANAS NATIONAL HIGH SCHOOL



## GST TRAINING

GENDER SENSITIVITY TRAINING (GST) TO INCLUDE SEXUAL HARASSMENT ORIENTATION, GENDER IDENTITY, GENDER EXPRESSION AND CHARACTERISTICS (SOGIESC) AND ROLE OF WOMEN IN SUSTAINABLE RESOURCE MANAGEMENT.



Prior to the training-orientation proper, a pre-test was also given to the participants to measure their level of knowledge and awareness.

A total of thirty-five (35) PENRO-Siquijor Personnel (Permanent, Job Order and Youth/OJTs) joined the training-orientation including the resource person and facilitators, of which sixteen (16) are male and nineteen (19) are female, seven (7) are Youth, had fun learning about the pertinent laws protecting women.

## NWMC & IDF - DALAW-TURO (MARCH 21, 2024)

The Dalaw-Turo Program held in celebration of the International Day of Forest on March 21, 2024, at Siquijor Integrated School was a collaborative effort between the school administration, DENR PENRO Siquijor, and the DENR Regional Strategic Communication Initiative Group (RSCIG). Participants of the said activity were the twenty-nine (29) Grade 6 students (9 male, 20 female), Ma'am Leah P. Lagudas (adviser), Sterremae Allego and Manilyn A. Remando from DENR Regional Strategic Communication Initiative Group (RSCIG), DENR PENRO Siquijor personnel.

The aim was to educate students about the importance of forests, environmental conservation, and related government initiatives.



# NURSERY ACTIVITIES MARCH 21, 2024

## AT LILO-AN NURSERY

In light of the International Day of Forests, PENRO Siquijor organized a special initiative to contribute to reforestation efforts. Recognizing the adverse environmental conditions, particularly the high heat index, which rendered traditional tree planting activities unsuitable, the decision was made to conduct nursery activities instead. This shift in focus aimed to ensure the optimal survival and growth of tree seedlings despite the challenging weather conditions.

A total of 14 personnel from PENRO Siquijor participated in the activity, comprising 5 females and 9 males. Additionally, two (2) youth/OJTs from Siquijor State College enthusiastically joined the initiative, further enriching the team.

The participants diligently engaged in nursery activities throughout the day, focusing on potting of soil and transplanting seedlings. Despite the scorching heat, their dedication remained unwavering, underscoring their commitment to environmental stewardship.

Specifically, the following tasks were accomplished: A total of 3,000 soil bags were prepared, ensuring a suitable environment for the growth of tree seedlings and 500 seedlings were carefully transplanted into the prepared soil bags, setting the stage for their future development.





# CAPILAY SPRING REJUVINATION

MARCH 22, 2024

Provincial Environment and Natural Resources Office (PENRO) Siquijor led a collaborative effort to rejuvenate Capilay Spring, in partnership with the Municipal Local Government of San Juan and various other agencies including the Bureau of Fire Protection (BFP), Philippine Coast Guard (PCG), and Philippine National Police (PNP), along with youth/work immersion students from Siquijor State College (SSC).

World Water Day serves as a reminder of the importance of water conservation and sustainable management practices. Through initiatives like the Capilay Spring rejuvenation, communities come together to safeguard this precious resource for future generations.



## CULMINATING ACTIVITY

In celebration of National Women's Month 2024, the Provincial Environment and Natural Resources Office (PENRO) in Siquijor organized a culminating activity focused on Capability Building and Workshop for PENRO Siquijor Personnel on Basic First Aid, Rescue, and Disaster Preparedness. The event, held today, aimed to empower participants with essential skills and knowledge in responding to emergencies and promoting gender equality and inclusivity.

The activity drew participation from sixty-five (65) PENRO Siquijor personnel, comprising twenty-six (26) males and thirty-nine (39) females. Notably, seven (7) youths and on-the-job trainees (OJTs) from Siquijor State College (SSC), including three (3) males and four (4) females, also attended.



TO ALL WOMEN AND GIRLS, THIS CELEBRATION IS ALL ABOUT YOU. THIS MONTH AND BEYOND, REVEL IN YOUR STRENGTH, MAGNIFICENCE, BRILLIANCE, RESILIENCE, AND POWER. REMEMBER, YOU CAN BE PIONEERS, LEADERS, CHANGEMAKERS, AND MOVERS. IN EVERY FAMILY, EVERY COMMUNITY, EVERY ISLAND OF THE NATION – YOU CAN MAKE A DIFFERENCE, YOU CAN BE AN INSPIRATION.

WOMEN AND EVERYONE, WE ARE FOR GENDER EQUALITY, WE ARE FOR AN INCLUSIVE SOCIETY.



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